



Thursday 23rd November 2017

8.45am – 1.15pm

The National Football Stadium
Windsor Park, Belfast

RESPORT CONFERENCE

Sports and Exercise in Rehabilitation and Everyday living for Young people and Adults with Disabilities



The Conference will seek to explore the benefits of sport for people with disabilities, such as spinal cord injury, stroke, acquired brain injury, cerebral palsy or intellectual disability. Sports participation will be explored in relation to its contribution to rehabilitation and as part of the process for building a positive and valued lifestyle.

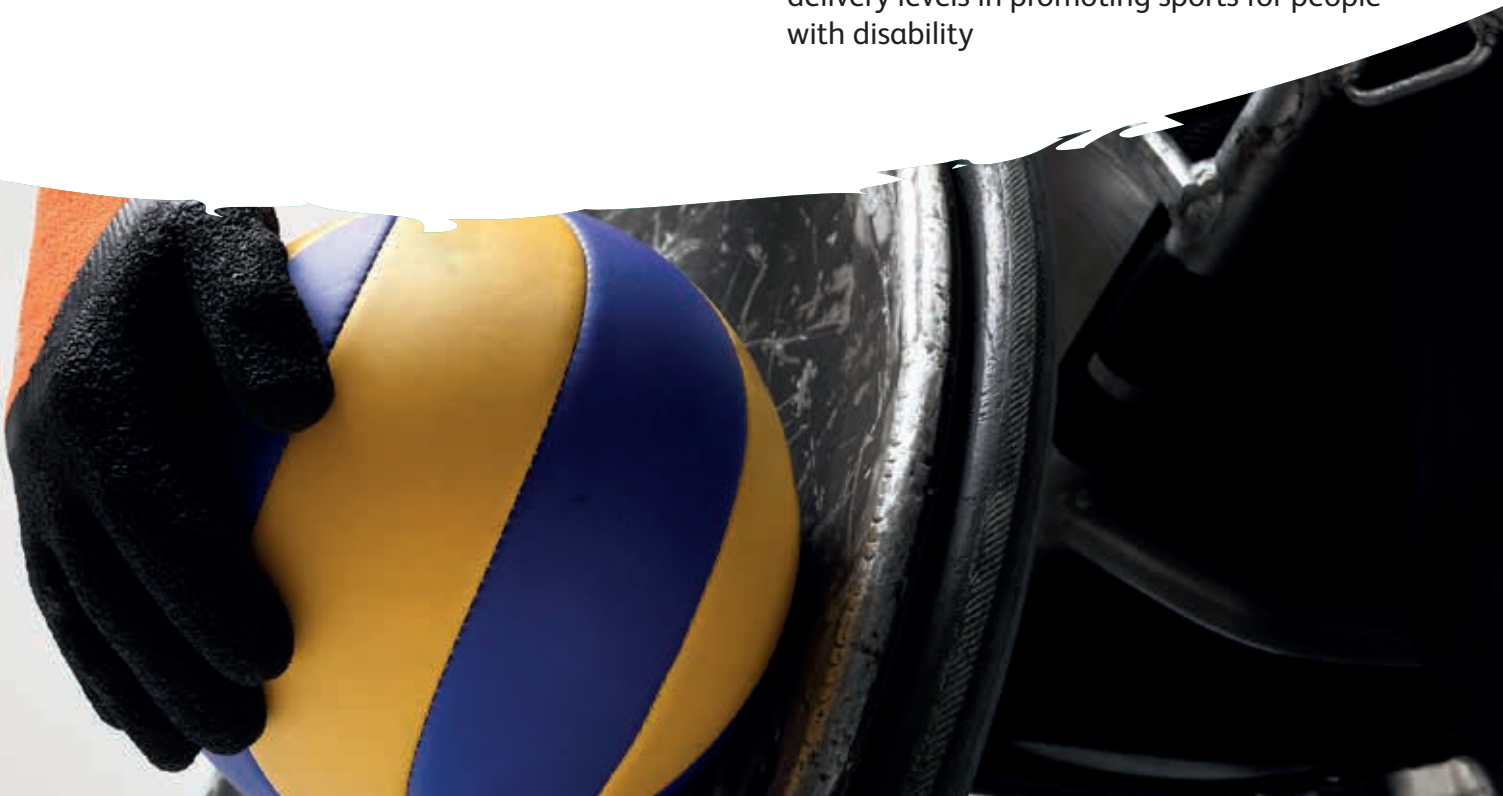
The event will look specifically at the contribution of involvement in sports to the process of rehabilitation and recovery, in physical, psychological (cognitive and emotional) and social functioning. It will explore the potential contribution of sport to adjustment to disability and the promotion of wellbeing, social inclusion and quality of life. It will also outline the practical considerations involved in engaging people with disabilities in sports and offer opportunities for participants to consider collaborative working across agencies.

The Conference Aims:

- Promote awareness of the potential for sport to aid rehabilitation and community integration
- Offer practical tools knowledge and skills for those working with disabilities in the field of sport for rehabilitation
- Establish a network of clinicians and sports specialists to exchange expertise, and work collaboratively

Audience:

- Rehabilitation clinicians; rehabilitation medicine, physiotherapy, occupational therapy, nursing, neuropsychology, speech and language
- Community based services for people with disability
- Organisations promoting and supporting the development of inclusion in sports for people with disabilities
- Sports coaches and trainers
- Public service organisations involved in policy and planning in relation to wellbeing, social inclusion and disability
- European organisations involved at policy and delivery levels in promoting sports for people with disability



Programme

- 8:45am - 9:15am** **Registration and coffee**
- 9:15am - 9:25am** **Welcome and introduction**
Fiona McCabe, Chief Executive Officer, Brain Injury Matters NI
- 9:25am - 10:15am** **The value of sports and exercise in rehabilitation and recovery: A rehabilitation medicine perspective**
Dr Suzanne Maguire, Consultant in Rehabilitation, Spinal Cord Injuries Unit, Musgrave Hospital, Belfast
- 10:15am - 11:00am** **Imagination in action: Exploring the benefits of mental practice**
Prof Aidan Moran, Professor of Cognitive Psychology, Director of Psychology Research Laboratory, School of Psychology, University College Dublin
- 11:00am - 11:15am** **Tea / Coffee and exhibition stands**
- 11:15am - 11:35am** **Considerations in engaging people with disability in sport: a coach's perspective**
Alan Crooks, The Irish Football Association
- 11:35am - 11:55am** **Considerations in engaging people with disability in sport: a neurophysiotherapist perspective**
Dr Katy Pedlow, University of Ulster
- 11:55am - 12:10pm** **A European Perspective; ReSport Project**
Jasna Vešligaj Damiš, Director Center Naprei, Maribor, Slovenia



- 12:10pm - 12:55pm** **Sport, Physical Activity and Intellectual Disability**
Dr Ben Fitzpatrick, Lecturer in Sports Sciences, Faculty of life & Health Sciences, University of Ulster
- 12:55pm - 1:10pm** **Panel Discussion - The Next Steps**
- 1:10pm - 1:15pm** **Conference close**
Mr. Gordon Gough, Chair, Brain Injury Matters NI
- 1:15pm - 2:15pm** **Lunch, networking and exhibition stands**
- 2:30pm** **Educational Tour of the National Stadium (optional)**

Brain Injury Matters NI is currently working with a number of European partner organisations to develop and deliver ReSport. This project is co-funded by the Erasmus+ Programme of the European Union. Partners come from a range of sports and disability organisations including:

Center Naprej, Slovenia

Centro Sportivo Italiano, Italy

Rijeka sports association for persons with disabilities, Croatia

Federação Portuguesa de Desporto para pessoas com Deficiência, Portugal

Keçiören Municipality, Turkey

Human Profess Közhasznú Nonprofit Kft, Hungary

CIF, France

For more information contact

Web - www.braininjurymatters.org.uk

Tel - 028 90705125

email - info@braininjurymatters.org.uk

Twitter - @braininjmmatters

Organisers: Brain Injury Matters NI (BIM) is a local not for profit organisation which supports the needs of adults, young people and families of children with aquired brain injury. The organisation provides a number of services and activities and programmes to address identified needs:

- Health and Wellbeing Programme
- Family First Programme
- Youth Network
- The Links Programme
- Lets Move Programme
- Arts for enterprise programme
- Information and signposting service
- Counselling service
- Training service for staff and organisations





**BRAIN
INJURY
MATTERS**

Sport and exercise rehabilitation for everyday living
for young people and adults with disabilities

BOOKING FORM

Thursday 23rd November, 2017
National Football Stadium Windsor Park, Belfast

HOW TO BOOK

Delegate rate (incl. lunch) **£25 pp**

Early Bird rate (before 5/10/17) **£20 pp**

This is a non-profit event. Charges are to cover costs only.

Option 1

Please invoice my organisation for:

Delegate place(s): _____

PO Number (if applicable): _____

Please complete the booking form and email:

Fiona@braininjurymatters.org.uk

Organisations will be invoiced upon receipt of this booking form with an email that will confirm the booking. Payments can be made via BACS or cheque.

Option 2

If you would like to book immediately over the phone using a debit/credit card please telephone F. Hendren on 02890-705125. Please ensure that you have the name, billing address and card details ready. You will then receive a booking confirmation email and receipted invoice.

Option 3

Payment enclosed of £: _____

Delegate place(s): _____

Please send your completed booking form and cheque payable to Brain Injury Matters, Suite 5c, Stirling House, Castlereagh Business Park, 478 Castlereagh Road, Belfast BT5 6BQ

Organisations will receive a receipted invoice attached to an email that will confirm booking.

Please contact us if you have not received your confirmation 5 days after submitting your booking.

BOOKING CONTACT

Name: _____

Job Title: _____

Organisation: _____

Address: _____

_____ Postcode: _____

Tel/Mobile: _____

Email: _____

INVOICING CONTACT

Name: _____

Department: _____

Organisation: _____

Address: _____

_____ Postcode: _____

Tel/Mobile: _____

Email: _____

DELEGATE DETAILS (can be supplied at a later date if required).

DELEGATE 1

Name: _____

Job Title: _____

Tel/Mobile: _____

Email: _____

Diet/Access Req: _____

DELEGATE 2

Name: _____

Job Title: _____

Tel/Mobile: _____

Email: _____

Diet/Access Req: _____

DELEGATE 3

Name: _____

Job Title: _____

Tel/Mobile: _____

Email: _____

Diet/Access Req: _____

For enquiries regarding exhibition stands
please contact

fiona@braininjurymatters.org.uk